

## Tot Time Open Gym

**Ages 1-5 years with adult**

Come join us at the Field House gym and let the kids burn off some energy. We have equipment that is age appropriate and designed to let toddlers explore and learn new skills. This is an unstructured class and parents will need to supervise their children.

**Location:** Heritage Crossing Field House  
**Fee/ResDisc:** \$5/\$4 per family per visit  
**Date Day Time**  
 Jan 15-Apr 15 W 9-11 AM  
 No class March 25

## Parent Tot Tumbling

**Age 2 years with adult**

This is a great class for you and your child to spend some time together with no distractions. We will introduce your child to the world of tumbling in a safe and structured environment. Children will learn some gross motor skills such as rolling, jumping, crawling, climbing and balance.

**Location:** Heritage Crossing Field House  
**Fee/ResDisc:** \$60/\$48  
**Min/Max:** 5/10  
**Date Day Time**  
 Mar 28-May 9 SA 9-9:45 AM  
 May 16-June 27 SA 9-9:45 AM  
 No class April 11 or May 23

## Preschool Tumbling

**Ages 3-5 years**

This is a great way to introduce your child to or further develop their skills to the exciting world of tumbling. Participants will learn to do forward and backward rolls, straddle rolls and cartwheels in a safe and structured environment. Advanced participants will master these skills while learning handstands, balance and rhythm. While learning tumbling skills participants will also improve their coordination, improve social interaction with peers and build self-esteem.

**Location:** Heritage Crossing Field House  
**Fee/ResDisc:** \$60/\$48  
**Min/Max:** 5/10  
**Date Day Time**  
 Mar 28-May 9 SA 10-10:45 AM  
 May 16-June 27 SA 10-10:45 AM  
 No class April 11 or May 23

## Challenge Tennis Academy

Channahon Park District welcomes Challenge Fitness of Lockport to run tennis lessons and programs. The tennis pros of Challenge Fitness are certified and teach tennis year round to all levels and ages. Feel free to contact Challenge Fitness at 815-838-3621 with any questions.

## Quick Start Tiny Tot Tennis

**Ages 3-5 years**

The primary focus is on fun, hand-eye coordination and games.

**Location:** Central Park Tennis Courts  
**Fee/ResDisc:** \$33/\$24  
**Min/Max:** 4/10  
**Date Day Time**  
 Apr 15-May 6 W 5-5:30 PM

## Roller Skating/Blading Lessons

**Ages 4-12 years (will be grouped based on ability)**

Help your child learn to enjoy this healthy, lifelong activity by ensuring that they learn how to skate in a relaxed, encouraging environment. In just a few weeks, your child will be skating like a pro! Class is taught to match the pace of the students and will cover basic skating movements, the safest way to fall, and some fun games to get the kids excited. Free wifi available while parents wait.

**Location:** Skateland Recreation Center  
**Fee/ResDisc:** \$39/\$27  
**Date Day Time Deadline**  
 Jan 12-Feb 16 SU 11:30 AM-12:15 PM Jan 8  
 Mar 6-Apr 17 F 5-5:45 PM Mar 4  
 No class March 27



## Why Great Programs Are Cancelled

Nothing kills a program faster than everyone waiting until the last minute to register. There are certain deadlines that are set in order to decide whether a program will be cancelled.

*So if you are interested...*

**REGISTER EARLY!**

**DID YOU KNOW?**

Channahon Park District's first Preschool began in the 1980s with eight children. Today Kids Connection preschool educates more than 100 children a year.